

<p style="text-align: center;"><b>Psychics</b></p> <p><a href="#">A Study Found Tai Chi Eases Symptoms of Fibromyalgia</a></p> <p><a href="#">Prayer</a></p> <p><a href="#">Medicinal Mushrooms</a></p>	<p style="text-align: center;"><a href="#">Touch therapy</a></p> <p style="text-align: center;"><b>Energy therapy</b></p> <p style="text-align: center;"><b>Reiche</b></p>	<p><b>Spirituality</b>                      Prayer also is a common adjunct to conventional medical care; it can improve well-being.</p> <ul style="list-style-type: none"> <li>• Faith Based Healing</li> <li>• Laying on of Hands</li> <li>• Medicine Men - Native American</li> </ul>
<p style="text-align: center;"><b>Biologically based practices</b></p> <ul style="list-style-type: none"> <li>• <a href="#">Dietary Supplements</a></li> </ul> <p>Dietary supplements have been evaluated in randomized controlled trials for conditions such as asthma, upper respiratory infection, diarrhea, depression, anxiety, and attention-deficit/hyperactivity disorder.</p> <p style="text-align: center;"><b>Herbology</b></p> <p>Herbal products have been studied in children to evaluate efficacy, safety, and interactions with conventional medications. However, research findings are limited by variations in content and quality of herbal products.</p> <p style="text-align: center;"><b>Nutrition</b></p> <p>Certain diets have proven efficacy for pediatric conditions (e.g., ketogenic diet for some seizure disorders). Many gastroenterologists and general pediatricians now recommend probiotics.</p>	<p style="text-align: center;"><b>Manipulative and body-based practices</b></p> <ul style="list-style-type: none"> <li>• Chiropractic care is common and safe in children.</li> <li>• Massage is often integrated with conventional medical practice, and studies show that it can help reduce symptoms of asthma, insomnia, colic, cystic fibrosis, and juvenile rheumatoid arthritis.</li> <li>• A Study Found Tai Chi Eases Symptoms of Fibromyalgia</li> </ul>	<p style="text-align: center;"><b>Mind–body medicine:</b></p> <p>Progressive relaxation</p> <p>Meditation</p> <p>guided imagery</p> <p>biofeedback</p> <p>hypnosis</p> <p>Common adjunctive therapies that are useful in the treatment of pain disorders, anxiety, enuresis, sleep disorders, attention and learning disorders, asthma, and cancer.</p>
<b>Bio-field Practices</b>	<b>Integrative Medicine</b>	<b>Holistic Medicine</b>